

Joy

Psalm 5

Joy- to rejoice, make glad, be joined

The idea of being joined with God in joy- personal joy

Joined with others in joy- relational joy

Joy is multi-faceted. Joy is:

A feeling- emotion

A frame of mind- understanding

A way of life- character

“Beware of destination addiction. A pre-occupation with the idea that happiness is in the next place, the next job and with the next partner. Until you give up the idea that happiness is somewhere else, it will never be where you are.” Robert Holden, PH.D.

The Foundation of Joy

vs. 1-4

Prayer. Real Prayer

Constant- “my meditation”- vs. 1

Priority- “in the morning”- vs. 3

Perspective- “my King, my God, look up”- vs. 2, 3

Prepared- separated from wickedness- vs. 4

The Dwelling Place of Joy

vs. 5-10

Understand, all is not joy

People- family, friends

Places- earthly palaces

Plots- worldly kingdoms, agendas, causes

Walking in this Joy

vs. 11, 12

Those that Trust

Rejoice- inward experience

Shout for joy- outward expression

Those that are Safe

We are defended

Those that Love

Blessed- Favored- Guarded